

LIVE BY HEART!

## DAILY DECLARATIONS

I am as good as my association and my daily practices

When I take my steps forward, next steps will be revealed

Passion and talents are staircase of my progress, I exert my best today

Talents I have will expire with my body, my days are numbered

Human betterment is one step forward and two steps backwards, it's normal

Hope is life; facts are superior, I know which one to choose and when

My conscious is clear and purpose is pure

Right intentions can move whole universe to my favor

My day has twelve hours; rest for my body, mind and spirit leads to innovative results

I rejuvenate body by exercise, mind by mediation and spirit with Live by heart approach

When I am lazing around today, I am disappointing my mentors and guides

My clear vision saves time, energy and emotions being spent in wrong pursuits

Limitation I have, is the one which is set by my own mind

World's menu has everything in it, am I worthy for it?

I am no good everywhere, I don't strive to be. I identify, enhance & showcase my strengths

Achievement, richness and fame are future part of exerting my best self today

Repeating the above with different means, places and people, can be a mental trap

Few like me, few are neutral and few find faults in me. They are right in their thinking

When I serve selfless, I am paying homage to earlier ones who made my life easier

Before I understand words I try understanding intensions, so conversations stay meaningful

I strive overcome limitations of my body, mind & spirit, thereby I avoid taking up another life for same

My WAY is highway; otherwise any WAY can look so glittery

I am a drop in ocean; every area in the world has been proved better already

Living by mind is easier, by doing so I will not be able to tap my spirit's positive energy

I gain whole world but loose on my soul's progress, then I wasted mine, mentors & natures investment

I live by heart!.