



An ALPHA Year!

When September knocks on the calendar, it's an alert for me to re-look on how I have spent most of the year. I had pointed this out earlier too.

I repeatedly observed that significant projects always take longer time, efforts and budget than we estimate. When we stick on to a subject for a longer period of time, we qualify ourselves to do an artistic contribution in that area.

I see professionals have capacity to schedule their major projects time-lined, sharing their time, appointments ahead of months and years. Amateurs look for inspiration to commit themselves to a task. And usually expects such inspirations often in some or other ways from external sources. For other it may appear as excuses.

I had missed my goal of two newsletters a month for most of these months. Writing requires certain degree of calmness. This has to be carefully cultivated by keeping away from outside disturbances due to many activities. I learnt this in the second quarter. I also noted, in order to regain the ability to focus and produce results; extended time and practices of 'daily dozen' are needed. Hence assimilated the necessity to stay focused on the path, limiting on external tempting proposals.

While interacting with successful people, I observed the difference between 'the good' and 'the great' lays in the habit of not giving-up the daily commitment towards their craft. I invariably noted people who wait for inspiration are not on the front rows, though their craft may be superior, but lacks in the self-disciplined approach. Even if they managed to be at front, it would be for only a brief period.

Higher the life one commits to, careful should be his observation on the inner self (intents). Developing the ability to observe ones own mind, I call it as a waking meditation. Keeping a close watch on the chattering mind, of those inner dialog, the pattern in it, and its effect on the daily emotional state.

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I re-emphasize, that arriving at a 'Clear Vision' takes time. Thereafter importantly, towards the efforts to stick to that clarity on daily basis. Every achievement has been envisioned in the mind. Ambiguity in the vision will not only delays the event but creates different hurdles. Subtly, we are creating them with the lack of dedication to the cause and by individual's doubtful nature. Stronger the vision faster the creation in the real world. One may need to keep the timeline flexible, nature's timing differs from individuals. However, a large team with a shared vision can create marvelous work with their collective energies and in time.

These days I also observed, professional commitment may dilute the personal connect with the same individuals. Working for a cause professionally and having a cheerful friendly nature while being out of the professional commitment (easier said). It's a delicate balance individuals has to learn. If one fails to get this point clearly, journey upwards the pyramid becomes lonelier. Creating an environment for success is a necessity. It comes with introspection and alertness on the details. Projects which are not showing the expected results are the best items for introspecting, learning, and correcting to put it on right track.

September also makes me to think of logical closing for items which are still hanging on. Forcing to take the decision, bringing 'time-up' by imposing deadlines. Life never stops for a split second. While we are engaged in day to day, a year getting over is usually not felt.

Am I busier doing patch-up works...,? accumulating at the cost of peace, running without a direction, try appear good than being good, watch performances not become a performer, fast food less health, penny-wise pound foolish..?, Is this what I intended to create at the beginning of the year, Is this pursuit worth exchanging my life and breathe on day to day...?

These questions deserves an honest opinion of self. Answering them, might help to stay on game longer and equips to strive to get more from the year, before it completely slips away.