

COME SEPTEMBER!!

YOU ARE SPECIAL, YOU HAVE WITNESSED MY EVOLUTION

September

When I see on calendar I start to get urgency to complete the tasks embarked in the beginning of the year. It works like a wakeup call, trying to convey me, one more year is passing in life, a gift of almighty getting over unused fully; with no exchange or redeem later option.

Months that follow may just slide away with festivities, holidays and prove harder to take control off. It makes me to take a realistic stock of things. Track Items that has been dragged few months, try to complete or just discard what is not working. Refocus to complete what is most important for the last 30% of the year.

If we don't believe in our own vision, it is futile expecting others to believe in it. A belief on what one capable of bringing on table, when it matters, in a manner which is acceptable, absorbable and advisable; such transformation can happen through self-awakening.

In every stage life, either walk or talk, there are hindrances, ratio of people who encourage vs who oppose varies. Effort and commitment has to remain consistent irrespective of *weather* outside; there isn't a day with only green signal throughout.

Appreciation helps to do better, faster, like the ones I receive from you, but waiting for it can work as a trap.

Who knows what lies ahead of Life?
Why get struck with own expectations.

We need mentors, we need critics and we need opponents. They sharpen us more than anything else, when I fall down, their laughter fuels me like catalyst to bounce back on my feet.

Nothing transformational can happen overnight, it requires nature to align various ingredients to fulfill a worthy platter. They say, success usually takes fifteen years and it's no joke.

Dr. Bruce Goldberg
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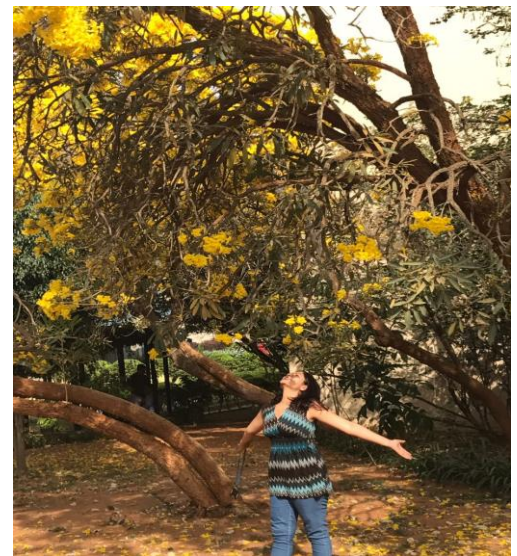
While taking us through a session on *progression* made us go through the exercise at least in five different directions. Dr. was clear that the path of destiny has multiple options and did made us to experience to understand it fully.

When we don't take up the challenges that are ahead which can lead us to new set of experiences; the subsequent things which might happen in that direction will also get missed. Hence getting in tune with nature matters most, it wants its every child to make a faster progress toward elevating his or her consciousness and not to get trapped in by its creations.

To pick that hint is an act of courage.

At times our own mind blocks the progress. While looking at, listening or witnessing something then critic mind comes in, clouds our thinking and thereby we miss that boat.

Being open enough is an invitation for *miracles* to happen every day.



If we think miracle can only happen once a while, then it will be like that; simple, we are not allowing it to happen often.

The success we pursue should be fruitful at the time we want, if it takes its own sweet time, it loses its charm. Better have the cake while desire for it exists and there is no diabetes.

September reminds me life is finite. From the day we were born our journey is towards own graveyard. Developing a sense of urgency, to keep things up on track and not to get carried away with wayward emotions for long, matters most.

Poet Omar Khayyam of Rubaiyat observed it very well.

'Be happy for this moment, this moment is your life. Know that every breath you take is an opportunity, you are not grass that grows up again next year'.

True, there is no excuse at death.



Live by Heart!
Naveen Chandra R,