

## A principle of Opposites

Principles are universal in nature, unbounded by human interventions. Earth's gravity is one such example. Deeper principles will be made known to those who traverse the path. An outsider with mere curiosity and no practice will stumble and soon quits the path.

What matters is the approach we have taken towards our chosen area of interest, 'Is it based on our head or our heart?' If it is based on logical reasoning, be it business, career or profession then mostly we remain at bottom 80%, in spite having spent a dozen years in that arena. Successful ones in the same area, were simply passionate about what they are doing; we often find then in top 20%.

Challenges on the path of success or mastery of a skill going to be same irrespective of the approaches taken, yet, individual reaction towards those challenges differs vastly. I found success deferred, as our walk and talk were different, our audio and video were not congruent, making us constantly look outside the window, while not making best use of the things in the room.

'Principle of Opposites', is easier for us to understand, if we consider, the day-night, dawn-dusk, hot-cold, love - hate they always co-exist. Two distinct forces of nature;

All hurdles, be in circumstances, self-centered interests, laziness, inability to accept the facts, delusion, distract, deviate etc. let us collectively call them here as NEGATIVE.

Strive hard, ready to make course correction, challenge own limits, question the limits set by others, overcoming prejudice, deserve over desire etc. we will call them as POSITIVE.

I observed, both these forces are equally strong, as sides of the same coin. Question remains which one is stronger at a given point of time?

These forces appear in different forms and disguises; with no change in their fundamental nature. When we succumb to NEGATIVE, we are taking short cuts in life.

With each 'short cut' we convince, why that is essential and we still have time to correct it later. This approach over a period of time would disconnect us from our true self. Rest will follow usual course, trying to find happiness in the materialistic achievements and celebrate them. One day he or she would have everything of externals but elude from life of peace, satisfaction and fulfillment. This path, seemingly easier, yet most illusionary in nature.

*What is the point having beautifully constructed well, with infested water in it?*

Peace, satisfaction and fulfillment are actually assets of the other force, POSITIVE. A force which requires rigorous effort, time, focus, patience, purity of purpose and strength of character. Important for a seeker, is to recognize and understand how this principle works. To employ them in a way appropriate to its nature. Also, it helps quickly to figure out, how much he or she has deviated from own true self, in the name of money, career, love, family, respect, achievement etc., and then they would be in a position to correct.

Shifting between the forces, creates stifle; may be with a brief period of welcoming. Companions who were made while on the shorter path, now becomes the enemy of our

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efforts and tries to draw one away, as we are disregarding our earlier companions. More he or she tries to avoid them, they re-appear in different forms, in different areas of life, until the day he or she decides to confront. Confrontation gives scope to win or lose. Whosoever prepared better wins and accepts the superiority of the other.

When we lose the battle, we turn little stronger, but remain where we are. With every win, new set of challenges appears to confront. Opposite force now becomes cautious and it too makes its move intelligently.

I asked my mentor, why people in POSITIVE path faces more challenges, as if never seems to get over? He laughed heartily and said lovingly; *'Who would like to challenge a fool?'* instantly, I realized, hurdles are truly marks of progress.

Murphy's Law states, *'If everything seems to be going well, you have obviously overlooked something'*. During the battle of opposites, one suffers, runs away, falls back to safe zone many times and may tend to change paths. Truth is that battle has not won yet. An awakened mind or a person, who has crossed them, can easily help to find a path suitable for the situation.

From, nature's point of view, each of us are unique and requires unique lessons. Every inch of progress, battle becomes fierce, hurdles become subtle, yet playing right cards and affects ones progress. It is so subtle people around does not know what is happening. Combat would know *'what and why of it'* and continue to observe the marks.

Just, like churning of ocean, one has to endure poison before nectar. Not ready for poison means nectar is not for them. Whilst battle being fought at different levels, their intermediate result starts manifesting in life.

*People around finds you are better, quality, consciousness and individuality are remarkably different. You attract people who are in the similar path; they turn to relook at you. They admire, aspire and now see a role model, raised from the same hurdles that everyone else faces while most had turned their back and continued timid life. Principle of opposites is made to show us our limitation, help to better us through the struggle. Embracing it means embracing life, avoiding them is avoiding success.*

Being mere spectator is surely not what is expected out of us. I observed, these battles never ends until one of the combat decides to retire from it.

Forces of opposites, dwell within each of us; outside presence of them is a reflection of battle being fought inside; intelligent one recognizes them, before decide to quit fighting.

SUCCESS may be just around the corner!