## a SUCCESS story



Many times I have been asked, 'What is the definition of 'Success'?'

Mostly in my sessions or during one-to-ones. I see a genuine concern and confusion which actually has to be addressed right way.

I put my two cents on the 'Success' in this monthly edition.

First of all, I encourage asking questions.
In fact, I do that most of the time myself!
I am ready to be stupid for a minute, then I learn; a way far better than being with my own answers, life time.

I have become ardent towards it and it always reminds me of Luke 11:10

'For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened'.

I asked same question to a multi-millionaire, an antique acquaintance, he did not need a moment to answer it.

His reply...'Know what you are doing '. Crispiest answer I ever got on 'Success'. More achievement, more money, more recognition...Is an answer from the crowd; not from a leader. For a leader it's always on, how am I using my time? Is it the best possible way? Given the options available.

We like or not, our days are numbered.

I also read, it's a result of doing certain things, consistently on a daily basis. I practiced it, and found it true every time.

I call it as my 'Daily Dozen', it's simply means a dozen things I do daily to keep myself UP. It can be 15 minutes exercise, 20 minutes meditation, drinking two liters of water, reviewing goals, or simply asking certain questions myself end of each day. Like, did day went as planned in the morning?, did I caught up with thick of thin things...? etc.

I encourage you to find your 'Daily Dozen'.

Also, some of the answers were; it is subjective, it means different to different people at different stages of life.

After many such pondering & conversations, I arrived at a definition which satisfied me.

'It's the ability to re-organize our life in such a way that, we have the freedom to do what we have been built far and outlive our passion, 100%'.

It got glued.

Now, I don't have option, but to strive achieve that every single waking moment!

Wonderfully, each time I read, it strikes me the same way, as it did very first time.

Hope it does the same for you too!!!

Live by heart! - Naveen Chandra R, Mar 2017