



# Lovely 2017!

Theme #Make the difference

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Article Quote:  
‘First say to yourself what you  
would be; and then do what you  
have to do’ – Epictetus

Article Quote:  
Live by heart

Wish you a lovely New Year 2017!

I am excited! The Word ‘NEW’ invokes freshness, Joy and positivity in me. Why so? May be the ‘OLD’ is something we have already seen and no excitement is left in that.

My question:

What were once new and exciting, which we feel now as old and stale; what is the difference?

My view, the difference is ourselves. We are the ones who made anything new as old.

If we analyse our body it is made up of cells, a minute part, then tissues, organs, limbs, flesh, blood and bone; We are all cut from the same cloth. Of course ego is optional!

Research says cells are reproduced constantly throughout our life. Technically we are new, yet we look, act and behave in an old fashioned style. I think it’s because of the images we hold in our mind, caused by having same thinking, same people and same routine.

How do we transform? Get ‘NEW YOU’. Let’s look at trees, rivers, sky, clouds and they are all renewing every split second.

Easiest way is to develop ‘mind’ in a way that we see new things every split second is by doing things which we have not done so far. It helps us not to take our past and present into the future. Once this becomes a habit, we don’t see the same old ways, we can create a new world for us through our minds images. Hold only those images we wish to see them true in future.



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*Theme #Make the difference*

We all have new 2017 for ourselves to make that transformation. To bring out the best in ourselves, to be more excited, expect greater things and to set higher standards in the areas which matters us most.

No more a victim, critic or a person who is always worried about people or circumstances. Uphold self as one who makes differences.  
I identified that as my theme for year 2017. Here are my BIG FIVE.

I believe, accept or adopt - I am the creator of my 2017

Nothing can happen to me by on its own; if more of good things are needed, I am responsible to get it for me, neither people nor Gods, they all are doing their best, it's time for me to put my best.

Arrive at a mission statement

Which excites, stretches and makes each day better. Strength to do more comes from clarity of purpose. Haziness produce laziness.

Glance at Wheel of life

Life is not just a few dollars. Connect daily with the holistic view of life: viz., Health, Wealth, Career, Family, Social, Hobbies, Spirituality and Legacy.

Be organised and simplify!

No point gathering things or trying to be good everywhere. Know what matters, what works. 80% changes in life can be produced with 20% transformation. We sleep alone in our grave.

Lastly, Attitude of gratitude

I thank nature, appreciate people, team, and bosses for their whole hearted support in having belief in my ability to give them back ten folds which they have bestowed in me; the Knowledge, courage and wisdom

My hearty wishes to you, May lovely 2017 make you brand NEW!

